



Dream Builder Group Coaching Programme
4.00pm Thursdays commencing 17 November 2022*



*Dates may be subject to review

Phases of Dream Building	Content	Date
Blueprinting	Week 1. Discovering Your Dream	17 November 2022 – longer call finishing at 17.30 for introductions
	Week 2. Designing and Testing Your Dream	24 November 2022
	Week 3. Increasing Your Sense of Deserving	1 December 2022
	No call 8 December 2022 – Integration Week & finalising your Vision	
Bridging	Week 4. Befriending Your Fear	15 December 2022
	Week 5. Welcoming a Greater Flow of Abundance	22 December 2022
	No call 29 December 2022 – Christmas & New Year Break	
	Week 6. Changing Your Perceptions	5 January 2023
	Week 7. Setting Yourself Free through the Practice of Forgiveness	12 January 2023
Building	Week 8. Listening to the Still Small Voice	19 January 2023
	Week 9. Creating a Support System	26 January 2023
	Week 10. Training Your Mind	2 February 2023
	Week 11. Turning Failure from a Stumbling Block to a Stepping Stone	9 February 2023
Becoming	Week 12. Harvesting Your Dream	16 February 2023 – longer call til 5.30pm for celebration!